



## **Refugee Mental Health Certificate Training for Mental Health Professionals**

Sponsored by Refugee Services, Minnesota Council of Churches  
Location: 122 Franklin Ave. W., Minneapolis, MN 55404

### **Cross-cultural Refugee Mental Health Assessment**

Friday, Dec 3, 2010, 8:30-4:30  
7 CEUs

- Learning objectives:
  - Develop skills to engage in cross-cultural therapeutic relationships
  - Identify appropriate cross-cultural assessment strategies
  - Recognize ways in which depression, anxiety, trauma and stress are presented by members of the resettling communities
  - Learn and practice skills in interviewing clients from differing cultures
- Schedule
  - 8:30-09:00                      Introductory remarks: Why do we need to change our ways for refugees?
  
  - 9:00-10:00                      Cultural Conversations  
   Participants will have the opportunity to interview members of refugee communities about establishing relationships, common/traditional healing practices, and idioms of distress
  
  - 10:00-10:15                      Break
  
  - 10:15-10:30                      Group discussion
  
  - 10:30-12:00                      Culturally Informed Mental Health Screening  
   Refugee Measurement instruments  
   Recommendations for interviewing and addressing refugee's mental health needs.  
   Dr. Patty Shannon,  
   U of MN School of Social Work

12:00- 1:00	Lunch (on your own)
1:00 – 1:30	Case examples
1:30 – 3:00	Cross Cultural Mental Health Assessment Dr. Bruce Field, Psychiatrist Center for International Health Health Partners
3:00-3:15	Break
3:15- 4:30	Idioms of Distress: Cross Cultural Presentation of Mental Health Symptoms A panel discussion by cross-cultural mental health professionals